



GRIEF COUNSELING



TRELLIS
Supportive Care

Palliative • Hospice • Family Support

A HEALTHY COURSE TO HEALING

Mourning is an essential step toward healing after the loss of a loved one. The counseling team at Trellis Supportive Care understands the complexity and magnitude of grief and is here to provide support and hope. Our masters-trained, licensed team provides grief counseling for many losses, including pregnancy and infant loss, suicide loss, and pet loss. Trained counselors also offer EMDR, a process that helps reduce distress caused by trauma-related grief.

Grief Counseling is available to anyone in the community who is facing a life-limiting illness, caring for a loved one at the end of life, or grieving the death of a loved one. We serve children, teens, and adults of any age, as well as families. These services are offered at no cost.

GRIEF COUNSELING SERVICES

- Specialized Grief Support
- Individual and Group Sessions
- Grief Education
- Mindful & Creative Coping Workshops
- Camp Carousel
- Counseling Tailored for Children



CAMP CAROUSEL

Camp Carousel is an annual summer grief camp for children (rising 1st grade and older), teens, and adults. Groups meet for day and evening sessions, depending upon age. Camp Carousel encourages support, expression, and coping skills through small groups, creative arts therapies, and a variety of experiences thoughtfully matched to the ages and needs of campers.

GRIEF EDUCATION

Our counselors are available for grief education and care throughout the community. Counselors provide consultations for a variety of needs, including unexpected deaths, multiple losses, and ways to support others who are grieving. Counselors may offer resources and/or on-site support for your school, business, or community organization.

Our educational programs are designed with unique audiences in mind. Topics include Grief 101, Grief in the Workplace, Children and Grief, Suicide, and Coping with the Holidays. Counselors address the many misconceptions about the grief process and help participants better understand their own grief responses, as well as the responses of those around them.

TrellisSupport.org (888) 876-3663

Formerly Hospice & Palliative CareCenter



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