COVID 19

CORONAVIRUS DISEASE

STOP THE SPREAD OF GERMS

If your caregivers or visitors have a fever, shortness of breath, cough or sore throat we recommend you avoid contact with them and have them: 1) Contact their physician 2) Notify your hospice team.

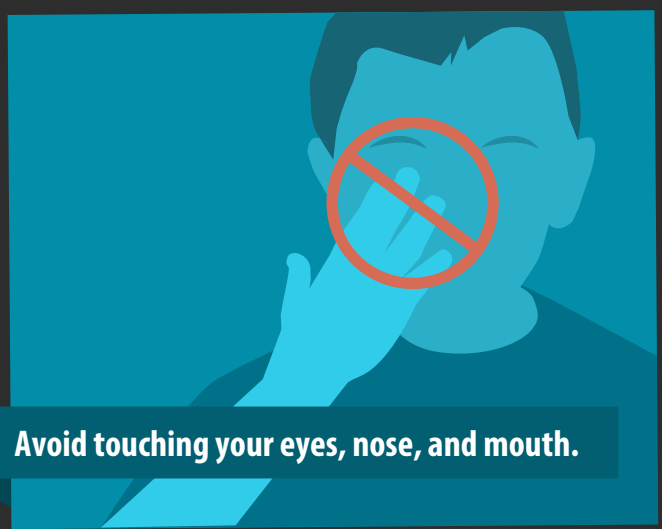## Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.

Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

We also recommend that you follow the Michigan Department of Health and Human Services (MDHHS) at *www.michigan.gov/coronavirus/* and the Centers for Disease Control and Prevention (CDC) at *www.cdc.gov/COVID19* for the most updated information regarding Covid 19.