



Palliative • Hospice • Family Support

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

## Offering In-Person & Virtual Workshops

All workshops, both In-Person & Virtual start at 1 p.m. **Free of Charge.**

Join from anywhere every Tuesday at 1:00pm



## MARCH SCHEDULE



<b>King</b>	<b>Wednesday @ 1pm</b> 03/27/24	<b>King Senior Center</b> 107 White Road Community Bldg. Lower level of Recreation Acres
<b>Mocksville</b>	<b>Wednesday @ 1pm</b> 03/13/24	<b>Davie County Senior Center</b> 278 Meroney St.
<b>Salisbury</b>	<b>Wednesday @ 10am</b> 03/28/24	<b>Ruffy-Holmes Senior Center</b> 1120 Martin Luther King Jr Ave S.
<b>Winston-Salem</b>	<b>Thursday @ 2pm</b> 03/14/24	<b>Intergenerational (Generations) Center</b> 114 W. 30th Street, Room #602 (Behind Senior Services)
	<b>Wednesday @ 8:30am</b> 03/20/24	<b>Veterans Cup Meeting at American Legion Post 55</b> 111 Miller St.
	<b>Wednesday @ 5pm</b> 03/27/24	<b>Trellis Supportive Care</b> ECC Conference Room Side B 101 Hospice Ln.



For information about workshops contact  
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